

# The Woodlands High School Highlanders

## Girls and Boys Track & Field 2026

| 11/18/2025                                                                                         |      |       |                                                       |                                          |                   |
|----------------------------------------------------------------------------------------------------|------|-------|-------------------------------------------------------|------------------------------------------|-------------------|
| DATE                                                                                               | DAY  | TEAM  | EVENT                                                 | LOCATION                                 | TIME              |
| Jan 08                                                                                             | Thur |       | Informational Meeting - LGI 1                         |                                          |                   |
| Jan 13                                                                                             | Mon  | ALL   | First Day of afterschool practice                     |                                          |                   |
| Feb 11                                                                                             | Wed  | FR/JV | Grand Oaks                                            | Grand Oaks HS                            | 4:00 pm           |
| Feb 14                                                                                             | Sat  | Var   | TW Dan Green Invitational                             | TWHS                                     | 9:00 am           |
| Feb 19                                                                                             | Thur | FR/JV | Oak Ridge                                             | Oak Ridge HS                             | 4:00 pm           |
| Feb 21                                                                                             | Sat  | Var   | Sam Mosely                                            | Turner Stadium                           | 9:00 am           |
| Feb 25                                                                                             | Wed  | FR/JV | Conroe                                                | Conroe HS                                | 4:00 pm           |
| Feb 28                                                                                             | Sat  | Var   | Klein Cain                                            | KC High School                           | 8:00 am           |
| Mar 04                                                                                             | Wed  | FR/JV | TWHS                                                  | The Woodlands HS                         | 4:00 pm           |
| Mar 05                                                                                             | Thur | Var   | Bridgeland Relays                                     |                                          |                   |
| Mar 06                                                                                             | Fri  | Var   | Texas A&M Bluebonnet Invitational                     | TAMU                                     | 12:00 pm          |
| Mar 07                                                                                             | Sat  | Var   | Texas A&M Bluebonnet Invitational                     | TAMU                                     | 10:00 am          |
| Mar 08                                                                                             | Sun  | ALL   | <b>Spring Break Schedule</b>                          |                                          |                   |
| Mar 09                                                                                             | Mon  | ALL   |                                                       |                                          |                   |
| Mar 10                                                                                             | Tues | ALL   |                                                       |                                          |                   |
| Mar 11                                                                                             | Wed  | ALL   |                                                       |                                          |                   |
| Mar 12                                                                                             | Thu  | ALL   |                                                       |                                          |                   |
| Mar 13                                                                                             | Fri  | ALL   | College Park                                          | CP High School                           | 9:00 am           |
| Mar 14                                                                                             | Sat  | ALL   | Wildwood Miles                                        | TWHS                                     | 6:00 pm           |
| Mar 19                                                                                             | Thur | FR/JV | TWHS                                                  | The Woodlands HS                         | 4:00 pm           |
| Mar 20                                                                                             | Fri  | Var   | Tomball Memorial Wildcat Relays                       |                                          |                   |
| Mar 25                                                                                             | Wed  | FR/JV | Conroe                                                | Conroe HS                                | 4:00 pm           |
| Mar 26                                                                                             | Thur | Var   | Victor Lopez                                          | Rice University                          | 5:00 pm           |
| Mar 27                                                                                             | Fri  | Var   | Victor Lopez                                          | Rice University                          | 2:00 pm           |
| Mar 28                                                                                             | Sat  | Var   | Victor Lopez                                          | Rice University                          | 5:00 pm           |
| April 2                                                                                            | Thur | FR/JV | Freshman / Junior Varsity District 13-6A Championship | TWHS                                     | 9:00 am           |
| April 07                                                                                           | Tue  | Var   | Varsity District 13-6A Championship                   | Willis HS                                | 9:00 am / 5:00 pm |
| April 09                                                                                           | Thur | Var   | Varsity District 13-6A Championship                   | Willis HS                                | 5:00 pm           |
| April 10                                                                                           | Fri  | Var   | Varsity District 13-6A Rain Day                       | Willis HS                                | TBA               |
| April 17                                                                                           | Fr   | Var   | District 13-6A/ 14-6A Area Championship               | TW College Park HS                       | 9:00 am           |
| April 18                                                                                           | Sat  | Var   | Prom/Ironman                                          |                                          |                   |
| May 01                                                                                             | Fri  | Var   | UIL Region II Track & Field Championship              | Midway HS, Waco TX                       | 9:00 am           |
| May 02                                                                                             | Sat  | Var   | UIL Region II Track & Field Championship              | Midway HS, Waco TX                       | 8:00 am           |
| May 16                                                                                             | Sat  | Var   | UIL Texas State 6A Track & Field Championship         | U.T. Austin                              | TBA               |
|                                                                                                    |      | Var   | TTFCA Meet of Champions                               | TBD                                      |                   |
| June 18-21                                                                                         |      | ALL   | New Balance Outdoor Nationals                         | Franklin Field - Philadelphia, PA        |                   |
| June 18-21                                                                                         |      | ALL   | Nike Outdoor Nationals                                | Hayward Field - The University of Oregon |                   |
|                                                                                                    |      |       | Adidas Outdoor Nationals                              | TBD                                      |                   |
|                                                                                                    |      | ALL   | USATF National Junior Olympics                        | TBD                                      |                   |
|                                                                                                    |      | ALL   | USATF Youth Combined Events Championship              | TBD                                      |                   |
| uly 29 to August 8                                                                                 |      | ALL   | AAU Junior Olympics                                   | Des Moines, Iowa                         |                   |
| July 31-August 3                                                                                   |      | ALL   | TAAF (Texas Amateur Athletic Federation) Championship | Bryan/College Station, TX                |                   |
|                                                                                                    |      | ALL   | World Athletics U20 Championships                     | Eugene, Oregon                           |                   |
| <a href="http://www.highlanderspeed.com">www.highlanderspeed.com</a>                               |      |       |                                                       |                                          |                   |
| <b>Head Coach: Juris Green</b>                                                                     |      |       |                                                       |                                          |                   |
| TWHS Track and Cross Country Office: 936-709-1033 Cell: 936-689-1929 Email: jurgreen@conroeisd.net |      |       |                                                       |                                          |                   |
| TWHS Athletic Director: Jim Rapp                                                                   |      |       |                                                       |                                          |                   |
| TWHS Principal: Dennis Muehsler -- TWHS 9th Principal: Shawne S. Ledee                             |      |       |                                                       |                                          |                   |